



Dr. Peta Lilley BA(Hons) Clin Psych PhD, MAPS
PO Box 565 Indooroopilly Q 4068
P (07) 3378 9130
M 0419 780 886
Fax (07) 3378 9689
E lilleyplace@lilleyplace.com.au
www.lilleyplace.com.au

Information about Medicare Rebates

All psychologists at Lilley Place provide services under the new Medicare Benefits Schedule (MBS). Patients with a diagnosable 'mental disorder' who are managed by a GP under a GP Mental Health Care Plan or a psychiatrist assessment and management plan or on direct referral by a psychiatrist or paediatrician, will be eligible to access services.

Can I go directly to a psychologist and access these benefits?

You must be referred to a psychologist by your GP, psychiatrist or paediatrician.
(see referral information at the end of this document for more details)

What is meant by mental disorder under the new Medicare Rebate?

'Mental disorder' is a term used to describe a range of clinically diagnosable disorders that significantly impact on a person's emotions, thoughts, social skills and decision-making. This includes patients with mental disorders arising from:

- Psychotic disorders
- Schizophrenia
- Bipolar disorder
- Phobic disorders
- Anxiety disorder
- Adjustment disorder
- Depression
- Sexual disorders
- Conduct disorders
- Bereavement disorders
- Post-traumatic stress disorder
- Eating disorders
- Panic disorder
- Alcohol use disorders
- Drug use disorders
- Sleep problems
- Attention deficit disorder
- Obsessive Compulsive Disorder
- Co-occurring anxiety and depression

How many sessions with a psychologist am I entitled to?

Eligible patients can generally receive up to 12 individual services in a calendar year. Your referring doctor will assess your progress after the first six sessions.

Can I request a referral to a specific psychologist or does my doctor have to choose?

Your doctor may allow you to request a specific psychologist, or may refer you to a registered psychologist that he or she recommends.

What will it cost me?

There will be minimal out-of-pocket expenses for patients as we aim to enhance individuals having access to services who previously could not afford such services. The cost to you and the rebate available from Medicare can vary depending on the: length of the session; type of psychologist; and fee being charged by the psychologist.

Patients will be informed of all costs and expenses prior to the commencement of treatment. *As a guide only, cost of sessions will generally range from \$155 to \$165 per hour, and the typical Medicare rebate is \$115 per hour session. Total out of pocket expense would be approximately \$40 for an hour session/consultation.*

How do I pay?

All scheduled fees must be paid in full at the time of your appointment. After you pay the full amount of the consultation, you can use your detailed receipt to claim a rebate by lodging a claim through Medicare after the session.

What about my private health insurance?

You cannot use your private health insurance ancillary cover to top up the Medicare rebates for these services. You need to decide if you will use Medicare or your private health insurance ancillary cover to pay for psychological services you receive. You can either access rebates from Medicare by following the claiming process or claim where available on your insurer's ancillary benefits.

For more information please call Lilley Place Clinical Psychology on (07) 3378 9130.
Information in this document has been adapted from APS fact sheet

For more information visit:
The Australian Psychological Society:
www.psychology.org.au

Australian Government
Department of Health and Ageing:
www.health.gov.au



Dr. Peta Lilley BA(Hons) Clin Psych PhD, MAPS
 PO Box 565 Indooroopilly Q 4068
 P (07) 3378 9130
 M 0419 780 886
 Fax (07) 3378 9689
 E lilleyplace@lilleyplace.com.au
www.lilleyplace.com.au

Referral information for you and your Doctor

To be eligible for the Medicare rebate, your GP (General Practitioner) will need to complete a Mental Health Care Assessment Plan with you. Once this has been completed your GP may then offer you a referral to see a psychologist. For more information about the assessment and care plan, please contact you GP directly. *The form below is a Medicare compliant form your GP can use to make a referral if you choose to see a psychologist at Lilley Place Clinical Psychology. Referral form is to be completed by your GP.* Referring doctors may also contact the Lilley Place office if they have further questions.



Suite 6 Level 4 Indooroopilly Shopping Centre
 322 Moggill Rd Indooroopilly Q 4068
 PO Box 565 Indooroopilly Q 4068
P: 3378 9130
M: 0419 780 886
E: peta@lilleyplace.com.au

Referral for Psychological Services

Dr Peta Lilley • Dr Jules DeGroot • Ms Sonja March • Ms Megan Barry • Mr Ben DeYoung • Mr Tim McLaughlan

Patient Name: _____

Date of Birth: ____/____/____.

Diagnosis: tick box for the following

- | | | |
|---|---|--|
| <input type="checkbox"/> Acute Psychotic Disorder | <input type="checkbox"/> Adjustment Disorder | <input type="checkbox"/> Alcohol Use Disorders |
| <input type="checkbox"/> Bereavement Disorder | <input type="checkbox"/> Bipolar Disorder | <input type="checkbox"/> Chronic Psychotic Disorders |
| <input type="checkbox"/> Conduct Disorder | <input type="checkbox"/> Depression | <input type="checkbox"/> Dissociative Disorder |
| <input type="checkbox"/> Drug Use Disorders | <input type="checkbox"/> Eating Disorders | <input type="checkbox"/> Enuresis |
| <input type="checkbox"/> Generalised Anxiety Disorder | <input type="checkbox"/> Hyperkinetic (Attention Deficit) Disorder | |
| <input type="checkbox"/> Mixed Anxiety and Depression | <input type="checkbox"/> Mental Health Disorder not otherwise specified | |
| <input type="checkbox"/> Obsessive Compulsive Disorder | <input type="checkbox"/> Panic Disorder | <input type="checkbox"/> Phobic Disorder |
| <input type="checkbox"/> Post Traumatic Stress Disorder | <input type="checkbox"/> Sleep Problems | <input type="checkbox"/> Sexual Disorders |
| <input type="checkbox"/> Unexplained Somatic Complaints | | |

- GP Mental health care plan completed. ____/____/____.
- Psychiatrist assessment and management plan completed. ____/____/____.
- Other information _____

Focused Psychological Strategies (multiple strategies allowed):

- | | |
|--|--|
| <input type="checkbox"/> Psychoeducation (including motivational interviewing) | <input type="checkbox"/> Cognitive Behaviour Therapy |
| <input type="checkbox"/> Relaxation strategies | <input type="checkbox"/> Interpersonal therapy |
| <input type="checkbox"/> Skills Training | |

Any other information: _____

Doctor's Name: (Stamp Sufficient)	Provider #:
Signature:	Date : / /